7th November 2019

Dear Parents/Guardians,

Our school is currently developing a **Whole School Healthy Eating Policy**.

For this policy to be successful, it is essential that a whole school approach to healthy eating is taken-with students, parents and staff working together to develop a positive and responsible attitudes towards eating and to appreciate the contribution good food makes to our health.

This work is to address the Department of Education and Skills’ "Healthy Lifestyles" circular (Circular 0051/2015), which encourages participation in Health Promoting Schools and which identifies healthy eating as a key area for promoting healthy lifestyles in schools. For up to date information on healthy eating, please visit: **www.healthyeatingireland.ie/health-initiatives/heg/**

As we value your input and opinions, we would be grateful if you could complete and return the attached questionnaire to the school by Friday 22/11/2019

When the **‘Draft’ Whole School Healthy Eating Policy** is completed we will be in touch again to update you.

Thank you for your cooperation and support.

Yours sincerely,

Collette Kennedy-Walsh

Principal